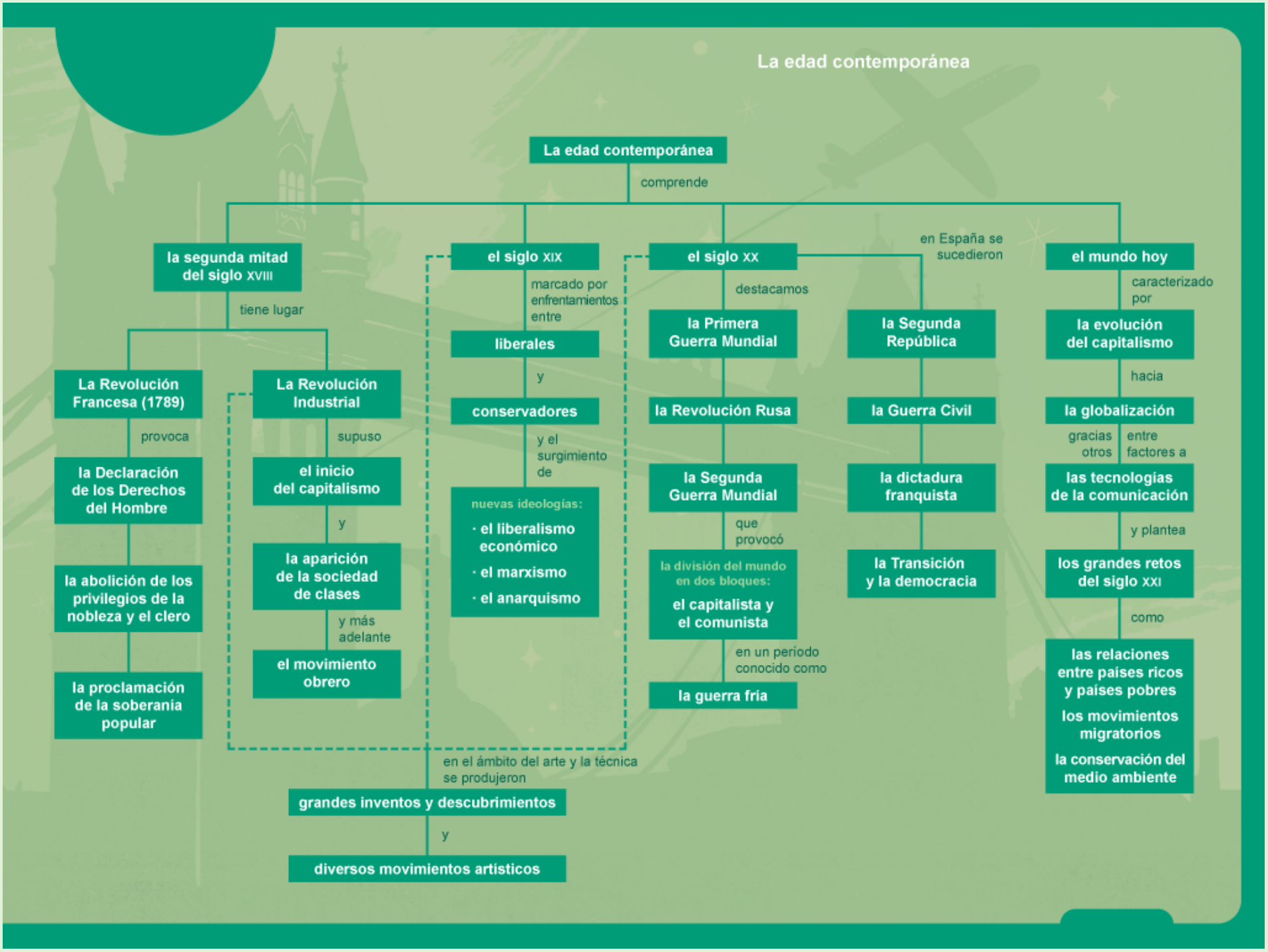La edad contemporánea